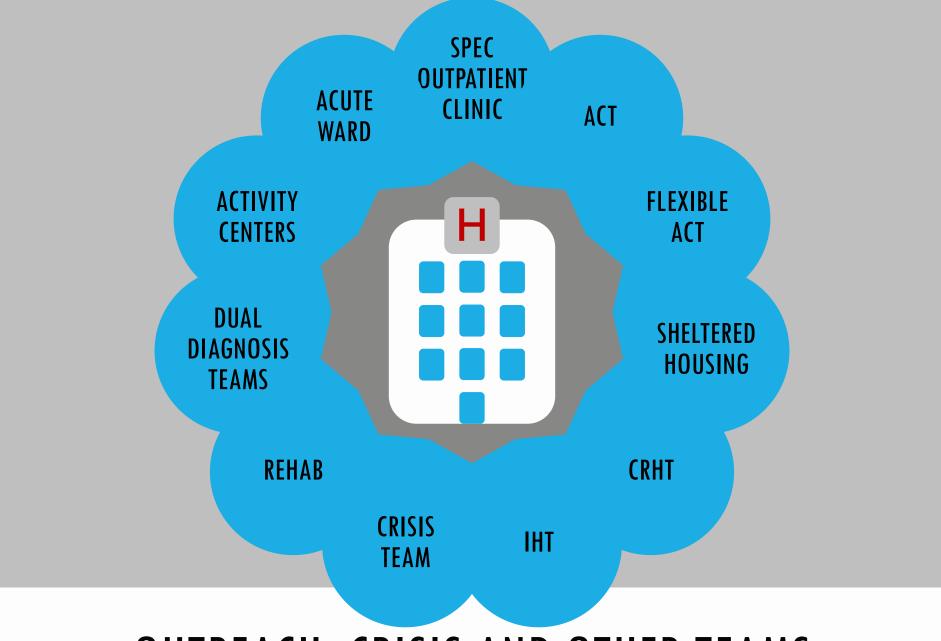


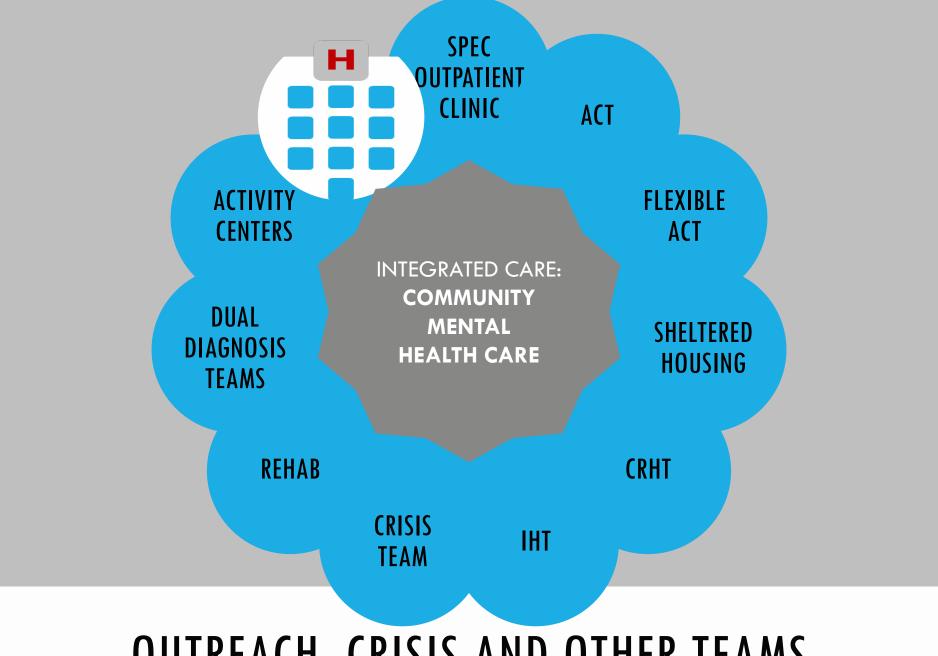
### LEARNING FROM EACH OTHER

René Keet, Antwerpen 3 mei 2018





# OUTREACH, CRISIS AND OTHER TEAMS



## OUTREACH, CRISIS AND OTHER TEAMS

## SIX PERSPECTIVES

- 1. ETHICS
- 2. PUBLIC HEALTH
- 3. RECOVERY
- 4. EFFECTIVENESS
- 5. NETWORK
- 6. PEER EXPERTISE





1.ETHICS

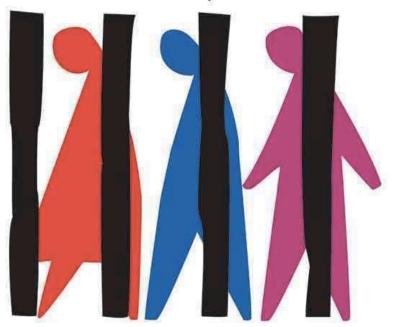
HUMAN RIGHTS

# **Asylums**

Essays on the social situation of mental patients and other inmates

#### **ERVING GOFFMAN**

with a new introduction by William B. Helmreich





## **HUMAN RIGHTS**

#### **UN GENERAL ASSEMBLY 2007**

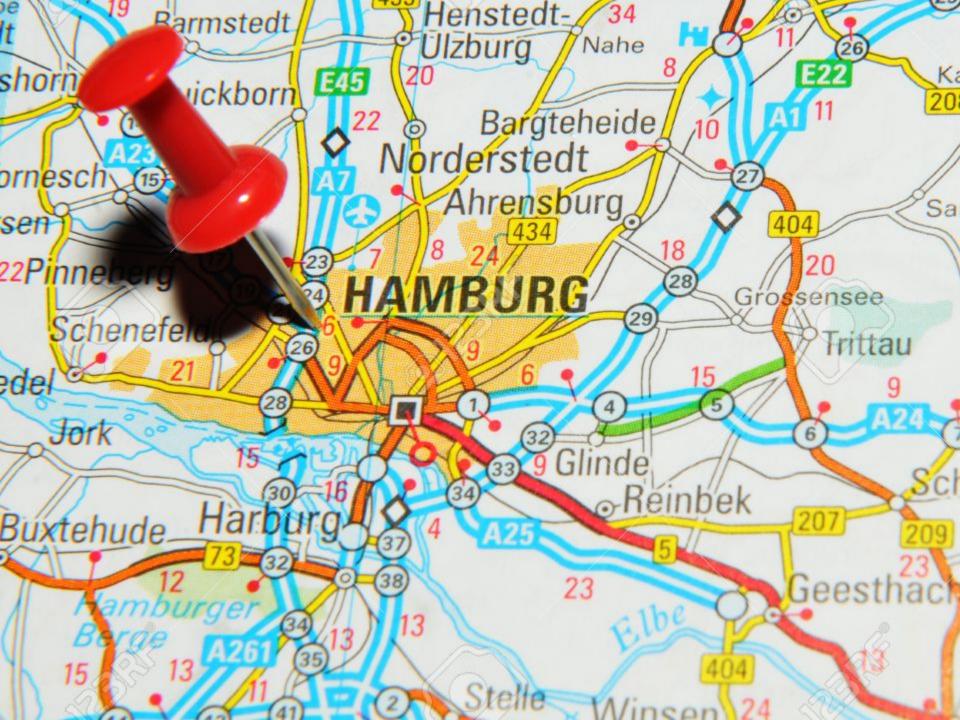
- LIVE AND PARTICIPATE IN THE COMMUNITY
- RIGHT TO EDUCATION
- RIGHT TO HEALTH
- RIGHT TO EMPLOYMENT AND SOCIAL PROTECTION





## 2.PUBLIC HEALTH

ADDRESSING THE NEEDS OF THE POPULATION

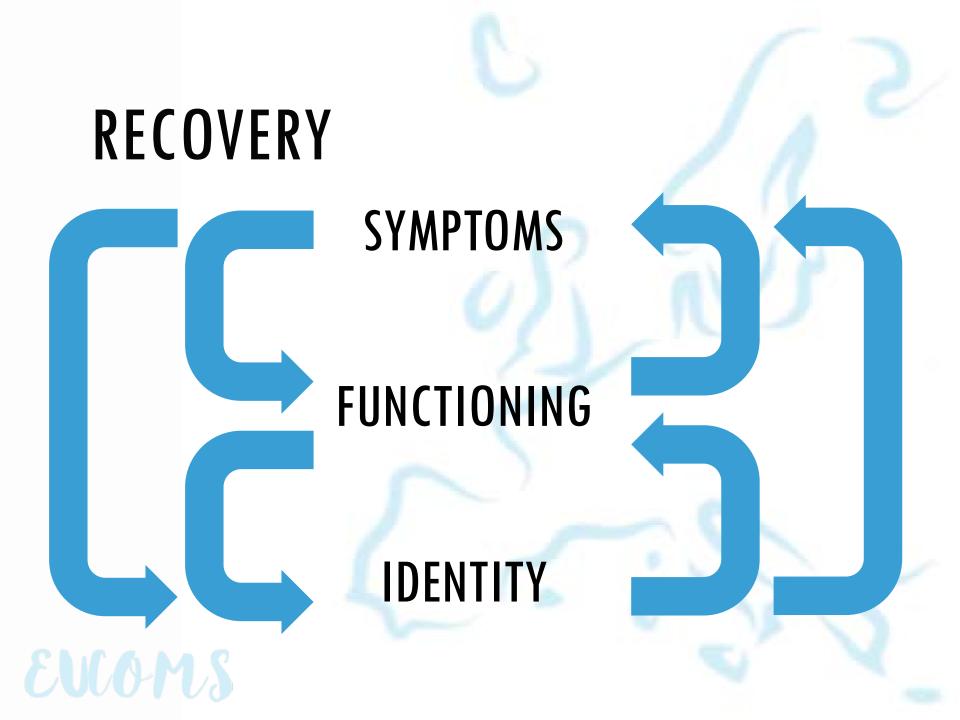




3. RECOVERY

BUILDING ON PERSONAL GOALS AND STRENGTHS







# 4. EFFECTIVENESS

INTERVENTIONS BASED UPON NEEDS



# EFFECTIVE INTERVENTIONS: RECOMMENDED

**PSYCHOPHARMACOLOGY** 

**COGNITIVE BEHAVIORAL THERAPY** 

MOTIVATIONAL INTERVIEWING

E-HEALTH, M-HEALTH: E-COMMUNITY

IPS/ HOUSING FIRST





# 5. NETWORK

A WIDE NETWORK OF SERVICES AND RESOURCES



## **NETWORK**

**SELF-HELP** 

**RESOURCE GROUP** 

**PERSON** 

COMMUNITY SERVICES

MENTAL HEALTH
CARE



# 6. PEER EXPERTISE

PATIENT IS COCREATOR OF CARE



## PATIENT IS COCREATOR

### INDIVIDUAL LEVEL

TREATMENT, SHARED DECISION MAKING

#### SYSTEM LEVEL

TEAM

### **POLICY LEVEL**

SERVICE, GOVERNMENT





#### **PERSPECTIVES**

**ETHICS** 



**PUBLIC HEALTH** 



**RECOVERY** 



**NETWORK** 





### WHAT HAVE WE ACHEIVED?

Little: limited life expectancy/ competitive jobs/ participation community life

Little, Insufficient focus, underestimation of importance

Hope: Paradigm shift, risk of window dressing

Hope: Start of paradigm shift in research, risk of divided camps

A lot: models for organisation of community mental health care (F-ACT, CRHT, EIS, Resource groups, DD), Little: connection beyond MHC

Hope: Third domain of expertise, few peer experts, even less other open professionals



## **NEXT STEP: EXCHANGE AND EVALUATION**



























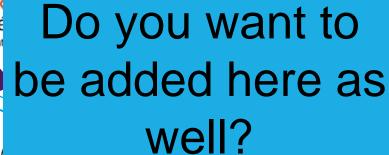




























**GpG** NRW

















# THANK YOU FOR YOUR ATTENTION!

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